

# HEALTHY RELATIONSHIPS TALKING GROUP

Friday June 12th and June 26th 1:30-3:00pm

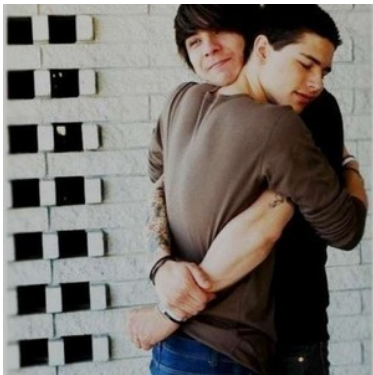


*Building Strength, Hope & Resiliency*

Group run by Tasha (Voices against Violence) and Michelle (Tempo Young Adult Resource Center Transition Facilitator)

Come join us for food, fun and discussion about HEALTHY RELATIONSHIPS.

- What healthy relationships look like.
- What to do if you are concerned about yourself , a friend or family member.
- Healthy techniques to address relationship issues.
- Ways to promote a “good” relationship and advice about what to do about a “bad” relationship.



## **Tempo Young Adult Resource Center**

68 Henry Street  
Framingham, MA  
01701  
Phone: 508-879-1424  
fax: 508-879-1460  
[tempoyoungadults.org](http://tempoyoungadults.org)

